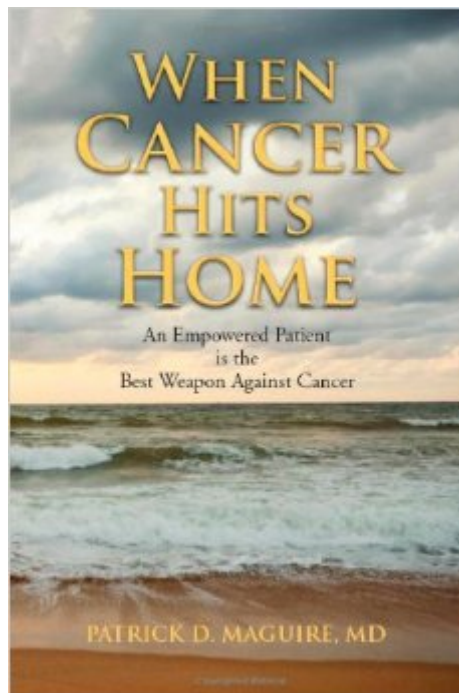


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# When Cancer Hits Home: Cancer Treatment And Prevention Options For Breast, Colon, Lung, Prostate, And Other Common Types



## Synopsis

When Cancer Hits Home is the commonsense guide to common cancers. It fills the gap between the many survivor biographies and technical references in the marketplace today. Written by an oncologist who lost multiple family members to cancer, this inspirational guidebook informs and empowers in layman's terms, using minimal medical jargon. The author tackles controversial topics and gives the reader concise, actionable, and up-to-date information on strategies for reducing cancer risk and options for treatment of the top twenty cancers in America. Touching patient stories accompany the description of each cancer type. Patients and their loved ones will find the book to be an invaluable resource for navigating these treacherous waters.

## Book Information

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## Customer Reviews

If you and your loved ones have avoided cancer, may God continue to bless you. For those of us who have had cancer enter our lives we have learned the struggle involved in fighting it, and some of us have loved ones who have finally lost the battle. I remember when my father was diagnosed with a glioblastoma multiforme I had never heard the term before. I wish I still didn't know it. The hospital gave us some basic literature but I wanted to know more but it was surprisingly hard to find. Cancer has struck my family several different times over the decades. In some ways it is the result of avoiding death from accident, bad food, bad water, and infectious disease that killed our ancestors at younger ages. Dr. Patrick Maguire provides us with a terrific primer that I recommend you get on your bookshelf and refer to as needed. He gives us several chapters and what we can

do to minimize our cancer risk and why things like diet, exercise, avoiding tobacco and environmental carcinogens can help. But there are certain genetic tendencies to cancer that can trigger and cancer enters your life no matter how fastidious your health maintenance. He also looks at the 20 most common categories of cancer (and many more sub-types). He uses patient stories to show how the cancer manifested itself, was diagnosed, and how the treatments used. At the back of the book you will find a chapter by chapter list of references and sources you can use for further study and reading. This can be very useful when, like me, you are anxious to find out what is happening to your loved one. This is a valuable basic resource. Dr. Maguire has the knack of being able to explain things to us in plain English without papering over the realities and difficulties we face.

4.5 stars Dr Patrick Maguire has written a superb book about cancer, his chapter 'Take The Ball By The Horns' is particularly significant. In reducing your risks of cancer, you need to take an aggressive role in prevention. You can learn all about cancer, what you can do to reduce the risk of being diagnosed with cancer, and how to help that someone, if it is not you, who has been diagnosed with cancer. Get all the information you can, be well read and face the situation head on, filled with some control. Dr Maguire says 'Take The Ball By The Horns', and that is not a misprint, is a big part of learning about and dealing with cancer. When you are diagnosed with cancer, the loss of control that most of us feel can be overwhelming. Many of us look to our physicians to tell us the best path. However, if those decisions can be made together, you, your family and the physician with the best knowledge and outcomes before you, some of that control is back. I was fortunate to have my cancer diagnosed in a facility that has a Cancer Center. I would recommend that for everyone. Everything you might need is in the same center. I was also part of a Decision Making Center with my surgeon, medical oncologist and radiation oncologist. You are putting your trust and your life at times in the hands of the medical oncologist who will be the leader of your team. You will meet with the oncologist at least twice a month and maybe more often for a year or more. You want someone who you like and trust. I knew from the first page that Dr Maguire is the kind of oncologist I would want. He is very forthright, a great sense of humor, knowledgeable and speaks in patient language. A person remembers 40% of what physicians tell them in the office. Once you hear cancer, you may not hear another word.

"When Cancer Hits Home" is an excellent resource for those touched by cancer. Few things are as frightening when you, or someone you love, are diagnosed with cancer and there is often a period of

uncertainty while scope and treatment options are determined. There are many sources for information relating to all types of cancer, but I can say from personal experience that there is a lot of information that can be easily misinterpreted or is just plain outdated or incorrect, and that is where a book like this one is very helpful. I like that this book is written without a lot of confusing medical jargon, except where absolutely required, and is generally easy to understand. There are two main sections, the first is "Reduce Your Cancer Risk" which provides excellent advice on environmental causes, nutrition, and early detection testing. The second section is "Cancer Treatment For The 20 Most Common Types", and covers Bladder, Brain, Breast, Colorectal, Esophageal, Head and Neck, Kidney, Leukemia, Liver, Lung, Non-Hodgkin Lymphoma, Melanoma, Myeloma, Ovarian, Pancreatic, Prostate, Skin (nonmelanoma), Stomach, Thyroid, and Uterine. This is not an in-depth dive into every type of cancer, but rather a collection of case studies and discusses the statistics, Risks and Causes, Signs and Symptoms, Diagnosis, Staging, and Treatment. The case studies share an individual person's experience with that particular cancer, from symptom onset through treatment, some with happy outcomes and others who lose the battle. The other sections give a good overview to understand the effects of the cancer and will be useful in discussing treatment with your doctors.

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